

PILATES

**Subject to Change*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6am Pilates Reformer <i>with Stacey</i>		6am Pilates Reformer <i>with Stacey</i>	6am Pilates Reformer <i>with Stacey</i>	
	7am Pilates Reformer <i>with Stacey</i>		7am Pilates Reformer <i>with Stacey</i>		
8am Pilates Reformer <i>with Stacey</i>	8am Stretch and Mobility <i>with Erin</i>	8am Pilates Reformer <i>with Erin</i>	8am Pilates Reformer <i>with Clara</i>	8am Chair & Tower <i>with Erin</i>	
9am Pilates Reformer <i>with Stacey</i>	9am Pilates Reformer <i>with Stacey</i>	9am Pilates Reformer <i>with Erin</i>	9am Pilates Reformer <i>with Erin</i>	9am Pilates Reformer <i>with Stacey</i>	9am Pilates Reformer <i>with Clara</i>
10am Pilates Reformer <i>with Stacey</i>	10am Pilates Reformer <i>with Stacey</i>	10am Pilates Reformer <i>with Erin</i>	10am Pilates Reformer <i>with Erin</i>	10am Pilates Reformer <i>with Stacey</i>	10am Pilates Reformer <i>with Clara</i>
11am Pilates Reformer <i>with Jill</i>	11am Pilates Reformer <i>with Erin</i>	11am Stretch and Mobility <i>with Erin</i>	11am Stretch and Mobility <i>with Erin</i>	11am Pilates Reformer <i>with Erin</i>	
	12pm Stretch and Mobility <i>with Erin</i>			12pm (Drop-In) Pilates Reformer <i>with Erin</i>	
1:30pm Pilates Reformer <i>with Erin</i>					
			3:30pm Pilates Reformer <i>with Erin</i>		
4pm Pilates Reformer <i>with Erin</i>		4:30pm Pilates Reformer <i>with Erin</i>	4:30pm Pilates Reformer <i>with Clara</i>		
5pm Pilates Reformer <i>with Erin</i>		5:30pm Pilates Reformer <i>with Erin</i>			
6pm Jump Board <i>with Erin</i>		6:30pm Pilates Reformer <i>with Erin</i>			
7pm Pilates Reformer <i>with Erin</i>					



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