



What to expect at **Camp at the J: Shabbat**



At the end of every Friday we do something called Shabbat. Shabbat is a Jewish tradition, and it is a time for us to come together to celebrate the week.



Shabbat is usually inside in a big room. We may sing songs, do skits, or dance. Shabbat will be loud because we are all together. I can always ask my counselor for headphones, to stand in the back, or to take a break outside of the room.



During Shabbat, counselors will give awards to some campers. If I do not get an award, that is okay. I can be happy for the other campers and celebrate them. If I do get an award, other campers will celebrate and be happy for me. Awards are special because they only go to some people!

For more information or accommodations, visit MayersonJCC.org/Inclusion

This resource was generously funded in part by the Mayerson JCC Excellence Fund, The Milton and Frances Schloss Special Needs and Services Fund for Children and Adults, the Jewish Federation of Cincinnati, and The Jewish Foundation of Cincinnati.



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I will get a snack called challah. Challah is a special bread. If I do not want the bread I can say “No, thank you!” If I want more bread, I can ask my counselor if there are leftovers.



Before we eat challah we will sing a blessing together. If I don't know the words, I can hum or just listen. I will have a paper with the words to help me.



Shabbat is a special time for the camp to come together and end our week.

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