



What to expect at Camp at the J



This summer I am going to Camp at the J! I will get dropped off from the car in the morning and a counselor will come walk me safely to my bunk.



When I am at camp, I will be with a group of kids my age and counselors all day. We call this group a bunk! It is important to stay with my bunk all day.



At the start of camp, we all get together for flagpole. We might sing songs, watch a funny skit, or do a big stretch! Flagpole might be loud, that's okay. If it is too loud, I can wear headphones or even stand in the back with a counselor. Flagpole is a fun way to start our day.

For more information or accommodations, visit MayersonJCC.org/Inclusion

This resource was generously funded in part by the Mayerson JCC Excellence Fund, The Milton and Frances Schloss Special Needs and Services Fund for Children and Adults, the Jewish Federation of Cincinnati, and The Jewish Foundation of Cincinnati.



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We do a lot of fun activities at camp! We might do arts and crafts, play outside, or go swimming. My counselors will always go over the schedule for the day in the morning. If I forget, I can ask my counselor what we are doing next!



Sometimes, I won't like the activity on our schedule. That's okay! I can talk to my counselor about other options. I will stay with my bunk even if I don't participate in that activity. It's important to stay with my bunk to stay safe.



I get to swim every day at camp! There are different rules about who can swim where to keep everyone safe. The lifeguards are in charge at the pool, and they will tell me the rules. I can read the swim social narrative to learn more about swim. Swim is fun when I am safe!

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At camp, we all eat lunch together under the big tent. It might be hot or loud, that's okay. If I need to eat somewhere quiet, I can talk to my counselors. We cannot share food at camp. If I want something special for lunch, I should talk to my family at home.



When we are at camp, we will spend a lot of time outside. Camp can feel loud and overwhelming sometimes. If I need a break, I can ask my counselor and they will help. Sometimes I may have to wait for my break. Waiting is hard, but I can wait until it is safe.



At the end of the day, I may go to After Care for more activities or I may get picked up by family member in a car. A counselor will walk me to where I need to go. It is important that I listen to my counselors so I know where I should be.

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